Salads & Starters

Starter Platter

Everything you'll need to start a luncheon or dinner party. Tabbouleh and homemade hummus served with toasted flat bread triangles. Served with freshly sliced tomatoes, cucumbers and Kalamata olives. Serves 8-10: \$65

Cashew Chicken Salad

Served on greens with tomato, cucumbers, sprouts, avocado, egg, Kalamata olives, served with your choice of dressing and a bread basket. Serves 4-6: \$70 Serves 8-10: \$100

Spinach Salad

Fresh spinach, jicama, red bell pepper, mango and candied pecans served with tahini poppyseed dressing and a bread basket.

Serves 4-6: \$65 Serves 8-10: \$90

Fresh Fruit Plate

A beautiful selection of melon, pineapple, grapes, kiwi and strawberries. Serves 4-6: \$70 Serves 8-10: \$100

Pasta Salad Sampler

(available in Edina only)

Your choice of three types of salads accompanied by a basket of multigrain rolls and crackers. Call to find out what selections are available.

Serves 4-6: \$67 Serves 8-10: \$95





Sandwiches & Wraps

Choose from cashew chicken salad, almond tuna salad, smoked turkey or vegetarian sandwich served with whole fruit, chips and a sweet.

> Half sandwich: \$12 Vegan half: \$18

Whole sandwich: \$15 Vegan whole: \$20

Gluten sensitive half: \$12

Gluten sensitive whole: \$15

Mini Sandwich Tray

Our same wonderful sandwiches in a smaller version. An assortment of cashew chicken, smoked turkey breast, and vegetarian sandwiches. Served with a variety of breads.

Serves 8-10: \$105

The Wrap Tray

Thai chicken with peanut sauce, vegetable wrap, and a Mediterranean wrap with tabouleh, served with fresh fruit and chips. Serves 8-10: \$85 Substitute all Chicken wraps: \$115

The Sandwich Builder

All you need to create your own sandwiches ... Cashew chicken salad, smoked turkey, nitrate-free ham and two types of cheese served with a basket of assorted bread, chips and condiments.

Serves 8-10: \$100

Entree Platters

Terivaki Chicken

Free range chicken breast marinated in our own teriyaki sauce and char-grilled. Served with gingered yams, seasonal vegetables and a bread basket. Serves 4-6: \$85 Serves 8-10: \$125

Grilled Chicken Quesadillas

Flour tortillas, grilled chicken breast, cheddar-jack cheeses, shredded lettuce, chilies, sour cream, salsa and guacamole.

Serves 4-6: \$60 Serves 8-10: \$105

Turkey Meatloaf

Ground turkey, spinach, basil pesto and bread crumbs, grilled and served with red pepper sauce, served with gingered vams, cranberry chutney, seasonal vegetables and bread basket.

Serves 4-6: \$85 Serves 8-10: \$125

Sustainably Farmed Salmon

Prepared grilled, pan seared or steamed with choice of brown or jasmine rice, seasonal vegetables, red chili sauce, fresh lemon and bread basket.

Serves 4-6: \$105 Serves 8-10: \$150

Additional bread basket (multigrain rolls and crackers). Serves 8-10: \$15.25

In order to maintain quality benefit programs, the Good Earth adds a 5% employee benefits and safety and sanitation service charge to our guest check. This is not an employee gratuity.

Coffee & Tea Service

Our coffee is made with shade grown organic beans and has a medium to full-bodied flavor. "Shade" coffee farms are more ecologically conservative and support a greater bio-diversity. The Good Earth Tea is made from herbs and spices and is a signature beverage of ours. Both coffee and tea are provided in a take-home box.

Serves up to 15 cups: \$35 ea.

* Beverages stay hot for at least 3 hours.



Sausage Scrambler

Turkey sausage, roasted potatoes, red and green bell pepper, red onion, low-fat mozzarella, sour cream and green onion.

Serves 8-10: \$95

Joe's Eggs

Spinach, mushroom, green onion, pinto and adzuki beans, scrambled eggs, cheddar-jack cheese, sour cream, guacamole, chilies, radish and cilantro

Serves 8-10: \$87

Substitute grass-fed beef for beans: \$20

Breakfast Quesadillas

Flour tortillas, scrambled eggs, red onion, red and green bell pepper, cheddar-jack cheeses with shredded lettuce, chilies, sour cream, salsa and guacamole.

Serves 4-6: \$60 Serves 8-10: \$102

Desserts

Famous Good Earth Carrot Cake

9" round Serves 8-12 \$3

Crustless Cheesecake with berries

12" round Serves 16-20 \$65

Assorted Sweet Basket

An assortment of cookies An assortment of and bars 24 cookies: \$29

Serves 8-10: \$30 A bag of 9 cookies: \$10.95

Mini Cookie Basket

INQUIRE WITH A MANAGER FOR SPECIALTY CAKES

72 hour notice required on all specialty cakes

TAKE-OUT EVENT PLATTERS





Convenient pick-up

24 hour notice on all party platters. 48 hour notice on sweet baskets and breakfasts.

In the Galleria

PHONE: 952-925-1001

FAX: 952-925-0166 gei@parasole.com

Take-Out menu items and prices subject to change