

# The GOOD EARTH EXPRESS®

For a quick, easy way to enjoy the best – lunch, dinner, office meetings or for family and friends – Good Earth offers its entire menu for take-out. Simply fax your selections to us at 952-925-0166 for Edina, 651-636-4335 for Roseville and your order will be ready to pick up in 20 minutes or less. When ordering for 10 people or more, please allow more time.

Please call the restaurant to verify any fax order.

## SOUPS AND SALADS

- |                                     |      |
|-------------------------------------|------|
| 1. Vegetable Bean Soup              | 5.5  |
| 2. GOOD EARTH® Trio of Soups        | 12   |
| 3. Tropical Spinach Salad           | 12   |
| 4. GOOD EARTH® Cashew Chicken Salad | 13   |
| 5. Mediterranean Greek Salad        | 13   |
| 6. Chopped Salad                    | 13.5 |
| 7. Side Salad                       | 6.5  |
| 8. Soup and Salad                   | 10.5 |

## SHARING PLATES

- |  |                |
|--|----------------|
| 9. Stoneground Nachos with grass fed beef or chicken | 10<br>4.5<br>4 |
| 10. Edamame  | 5.5            |
| 11. Bangkok Chicken Satay                            | 10             |
| 12. Baked Artichoke Dip                              | 10             |
| 13. Winter Flatbread                                 | 15             |
| 14. Thai Chicken Flatbread                           | 14             |
| 15. Grilled Chicken Quesadillas                      | 13             |

## FROM THE GARDEN

- |   |                 |
|---|-----------------|
| 16. Wok Seared Fresh Vegetables                   | 13.5            |
| 17. GOOD EARTH® Bean Burrito with Chicken or Beef | 12.5<br>4 / 4.5 |
| 18. Veggie Fettuccine “Carbonara”                 | 13.5            |
| 19. Winter Vegetable Lasagna                      | 14.5            |

## SANDWICHES, WRAPS AND NATURAL BURGERS

- |   |            |
|---|------------|
| 20. GOOD EARTH® Cashew Chicken Salad Sandwich                 | 12         |
| 21. Cashew Chicken Melt                                       | 12         |
| 22. Almond Tuna Salad Sandwich                                | 12         |
| 23. Almond Tuna Melt  | 12         |
| 24. Grilled Veggie “Pita” add spicy shrimp or grilled chicken | 11<br>4    |
| 25. Smoked Turkey Club  | 13.5       |
| 26. Salad and Half Sandwich                                   | 12.5       |
| 27. Soup and Half Sandwich                                    | 12.5       |
| 28. Thai Chicken Wrap   | 13         |
| 29. Peterson Farms grass fed Basic Burger with cheese         | 12.5<br>14 |
| 30. Grass Fed Bison Burger with cheese                        | 14<br>15.5 |
| 31. GOOD EARTH® Burger  | 15.5       |
| 32. GOOD EARTH® Planet Burger with cheese                     | 11.5<br>13 |

## FROM THE FARM

- |                                 |      |
|---------------------------------|------|
| 33. Free Range Teriyaki Chicken | 16.5 |
| 34. GOOD EARTH® Turkey Meatloaf | 16.5 |
| 35. Coconut Curried Chicken     | 15.5 |
| 36. Mandarin Beef               | 19   |

## FROM THE SEA

- |                              |    |
|------------------------------|----|
| 37. Pan Seared Striped Bass  | 24 |
| 38. Sautéed Walleye          | 22 |
| 39. Chili Dusted Fish Tacos  | 15 |
| 40. Grilled Norwegian Salmon | 21 |

## SIDES

- |   |   |
|---|---|
| 41. Roasted Potatoes                            | 3 |
| 42. Gingered Yams                               | 3 |
| 43. Steamed Rice (brown, jasmine or wheatberry) | 3 |
| 44. Steamed Vegetables                          | 6 |
| 45. GOOD EARTH® Adzuki and pinto beans          | 3 |
| 46. Black Beans                                 | 3 |

**Fresh Juices**

Small 5.50                      Large 6.50

- Orange Juice
- Grapefruit
- Orange You Glad - orange & pineapple
- Strawberry Fields - strawberry, apple & orange
- Cranberry Crush - cranberry, apple & orange
- Zingapore Sling - pineapple & ginger
- Immuni "C" - orange & wheat grass
- Rooty Fruity - carrot & apple
- Beta Carrot-ene - carrot & orange
- Heart Beet - beet, wheat grass & carrot
- Vegamary - tomato, celery, carrot, parsley, red pepper. Garnish with celery salt, black pepper, & pepperoncini

**Whole Lemonade**

Fresh juiced lemon and apples

- Strawberry or Raspberry lemonade                      7
- Go Green Lemonade, Kale, Spinach, apples, lemon and ginger   7

**Fresh Fruit Smoothies**

- Carmen Mi-Juice-Da - strawberry, banana & orange
  - CopaBanana - banana, mango, pineapple, coconut milk & high protein powder
  - Fiberry - raspberries, strawberries, blueberries & wheat germ
- Natural Shakes**  
made with high protein powder, and your choice of fat free frozen yogurt or ice cream
- Power Plus - carob powder, banana, pineapple-coconut and nuts
  - Surfer - pineapple, banana and coconut
  - Finish Line - strawberries, banana and granola
  - Body Slam - peanut butter & carob

Organic Milk  
Skim or Whole

- 6 Arnold Palmer
- Iced black tea and lemonade
- Soy Milk

**6 Hot Tea and Coffee**

3.25

- GOOD EARTH® teas  
Caffeinated Teas
- Original Sweet & Spicy • Citrus Kiss: Green Lemongrass • Wild Child: Chai Tea • Sweet Chai of Mine: Vanilla Chai • Pomegranate Burst: Green, Pomegranate and Cherry • Mango Me Crazy: White, Mango and Mangosteen • Sweetly Twisted: Black Tea
- Caffeine Free Teas
- Original Sweet and Spicy Caffeine Free • Citrus Kiss: Green Lemongrass Caffeine Free
- GOOD EARTH® iced teas • Original • Ceylon Lumbini Estate (Black) • Green Tea with Mango • Red Berries

GOOD EARTH® Organic coffee  
• Original • Decaffeinated • Iced

Bottled mineral water                      3

- 2.5 GOOD EARTH® natural spring San Pellegrino All Natural Sodas   3
- 5.5 Orange, Lemon, Clementine or Pomegranate                      3.5

- Joia All Natural Soda:
- 2.5 • Blackberry Pomegranate & Ginger
  - Lime Hibiscus & Clove
  - Pineapple Coconut & Nutmeg                      3.5

- Boylan All Natural Soda
- Ginger Ale, Cane Cola, Rootbeer                      3.5

- Purity Organic Superjuice                      5
- Kale, Coconut Water, Apple & Spinach
  - Orange, Carrot, Tumeric & Mango
  - Beet, Apple, Ginger & Lemon

Name \_\_\_\_\_

Phone number \_\_\_\_\_

Please indicate your menu selections from the corresponding numbers on the reverse side, including the quantity of each order.

|  |  |  |  |  |  |
|--|--|--|--|--|--|
| <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity |
| <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity |
| <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity | <input type="checkbox"/> _____<br>quantity |

please list beverages and quantities below

---



---

Special instructions

---



---



---