

# Good Earth Breakfast

## HEARTLAND BREAKFAST\* GS

2 eggs, sausage or bacon and roasted potatoes 10.95

## BREAKFAST QUESADILLA\* GS

Flour tortillas, cheddar-jack cheese, scrambled eggs, peppers, onion, guacamole, sour cream, radish, chilies, and cilantro 14.95

## BREAKFAST BOWL\* GS

Brown rice, kale, bacon, and onion with 2 eggs and avocado 12.00

## AVOCADO TOAST\* GS

2 poached eggs, multigrain, avocado, tomato, goat cheese, and sunflower sprouts. Served with mixed green salad 13.00

## BREAKFAST PARFAIT GS

Yogurt, fresh berries, and granola 8.00

## TOMATO-BASIL OMELET\* N GS

Mozzarella cheese, spinach and pine nuts. Choice of roasted potatoes or mixed green salad 12.50

## FRENCH TOAST

Thick Challah bread, served with maple syrup  
SHORT STACK 7.00 FULL STACK 9.00

## 10 GRAIN PANCAKES

Sunflower seeds, spring wheat, red winter wheat, rye, honey, buttermilk  
SHORT STACK 7.00 FULL STACK 9.00

## GOOD EARTH® TURKEY SAUSAGE SCRAMBLE\* GS

Natural turkey sausage, tomatoes, potatoes, scrambled eggs, onion, peppers, mozzarella, sour cream and green onions 13.00

## GRILLED SALMON ON VEGETABLE HASH\* GS

Grilled sustainable salmon on potato and vegetable hash with poached eggs, chilies and red pepper aioli 16.95

## GOOD EARTH® HUEVOS\* GS

Scrambled eggs, black beans, whole wheat tortilla, topped with roja sauce, cheese, sour cream, guacamole, sliced radish, cilantro and chilies. Served with roasted potatoes 13.95

## JOE'S EGGS\* GS

Fresh spinach, mushrooms, green onions, black beans and scrambled eggs. Topped with cheese, guacamole, sour cream, chilies, sliced radish and cilantro. Served with roasted potatoes 11.95

\*Substitute grass-fed beef for black beans 2

VEGAN V NUTS N GLUTEN SENSITIVE GS - Items can be made vegan or gluten sensitive upon request. Additional charges may apply.

## FRESH-SQUEEZED FAVORITES

### WHOLE LEMONADE

Lemon, fresh apples 6.50  
Strawberry or Raspberry 7.25

### GO GREEN LEMONADE

Kale, spinach, apple, lemon, ginger 7.25

### STRAWBERRY FIELDS

Strawberry, apples, orange juice SMALL 4.50 LARGE 5.50

### ZINGAPORE-SLING

Pineapple, ginger SMALL 4.50 LARGE 5.50

### BETA-CARROT-ENE

Carrot, orange juice SMALL 4.50 LARGE 5.50

## SMOOTHIES

Blended with ice and honey 7.00 EACH

### CARMEN-MI-JUICE-DA

Strawberry, banana, orange juice

### COPABANANA

Banana, mango, pina colada

### FIBERRY

Strawberry, raspberry, blueberry, banana, apple juice

## COCKTAILS

MIMOSA 8.00

SAKE BLOODY MARY 8.00

## GOOD EARTH TEAS

### ORIGINAL BLEND

Brewed fresh, bottomless cup

### BAGGED TEAS

Ask server for varieties available  
One tea bag served with a pot of hot water 4.00  
Additional Tea Bag .50 EACH

## ICED TEAS

Brewed fresh and served over a tall glass of ice 4.00

Good Earth Original Red Berries (Caffeine Free)  
Green Tea with Mango Ceylum Lumbini Black

## ORGANIC COFFEE

Bottomless cup 4.00  
Regular or Decaf

\*Please note that eating raw or undercooked beef, poultry, fish, shellfish or egg can increase the risk of food borne illness. This risk increases with some medical conditions. Also note that our restaurant and bakery are not gluten free environments. We can minimize the gluten present, but cannot guarantee that every dish is completely gluten free.

In order to maintain quality benefit programs, the Good Earth adds a 5% employee benefits and safety and sanitation service charge to our guest check. This is not an employee gratuity.