

The GOOD EARTH EXPRESS

For a quick, easy way to enjoy the best – lunch, dinner, office meetings or for family and friends – Good Earth offers its entire menu for take-out. Simply fax your selections to us at 952-925-0166 for Edina, 651-636-4335 for Roseville and your order will be ready to pick up in 20 minutes or less. When ordering for 10 people or more, please allow more time.

Please call the restaurant to verify any fax order.

SOUPS AND SALADS

- | | |
|--|--------------------|
| 1. Vegetable Bean Soup | 5.75 |
| 2. Tropical Spinach Salad | 12 |
| 3. GOOD EARTH®
Cashew Chicken Salad
OR
Almond Tuna Salad | 14 |
| 4. Mediterranean Greek Salad | 14 |
| 5. Chopped Salad | 14.50 |
| 6. Asian Chicken Salad | 14.5 |
| 7. Grain Bowl Salad
add marinated chicken
add Salmon or shrimp | 14.25
4.25
6 |
| 8. Side Salad | 6.5 |
| 9. Soup and Salad | 11.25 |

SHARING PLATES

- | | |
|---|----------------------|
| 10. Stoneground Nachos
with grass fed beef
or chicken | 11.95
4.5
4.25 |
| 11. Bangkok Chicken Satay | 10.5 |
| 12. Baked Artichoke Dip | 11.25 |
| 13. Salmon Sliders | 11.75 |
| 14. Thai Chicken Flatbread | 14 |
| 15. Grilled Chicken
Quesadillas | 13.95 |
| 16. Bread Basket | 2 |

FROM THE GARDEN

- | | |
|---|---------------------|
| 17. Wok Seared
Fresh Vegetables | 14.5 |
| 18. GOOD EARTH®
Bean Burrito
with Chicken or Beef | 13.95
4.25 / 4.5 |
| 19. Good Earth Energy Bowl
add marinated chicken
add salmon or shrimp | 14
4.25
6 |

SANDWICHES, WRAPS AND NATURAL BURGERS

- | | |
|---|--------------------|
| Substitute a cup of soup add 1.75 | |
| Substitute gluten free bread add 1 | |
| 19. GOOD EARTH®
Cashew Chicken Salad
Sandwich | 13 |
| 20. Cashew Chicken Melt | 13 |
| 21. Almond Tuna
Salad Sandwich | 13 |
| 22. Almond Tuna Melt | 13 |
| 23. Smoked Turkey Club | 14.25 |
| 24. Veggie Pita
add spicy shrimp
or grilled chicken | 12.25
6
4.25 |
| 25. Thai Chicken Wrap | 14.95 |
| 26. Salad and
Half Sandwich | 13.25 |
| 27. Soup and Half Sandwich | 13.25 |
| 28. Peterson Farms Grass Fed
Basic Burger
with cheese | 13.5
15 |
| 29. Grass Fed Bison Burger
with cheese | 14.95
16.45 |
| 30. Make it a GOOD EARTH® | 2.50 |
| 31. GOOD EARTH®
Planet Burger
with cheese | 13
14.5 |

FROM THE FARM

- | | |
|---|----------------|
| 32. Free Range
Teriyaki Chicken | 17 |
| 33. GOOD EARTH® Turkey
Meatloaf
One Slice
Two Slices | 14.95
19.95 |
| 34. Coconut Curried
Chicken | 17 |

FROM THE SEA

- | | |
|-------------------------------|--------------|
| 36. Simple Fish | Market Price |
| 37. Sustainably Farmed Salmon | 23 |
| 38. Miso Cod Fish | 19 |
| 39. Tuna Poke | 14 |

SIDES

- | | |
|---|-----|
| 40. Roasted Potatoes | 3 |
| 41. Gingered Yams | 3.5 |
| 42. Steamed Rice
(brown or jasmine) | 3 |
| 43. Steamed Vegetables | 6 |
| 44. GOOD EARTH® Adzuki
and pinto beans | 3 |
| 45. Black Beans | 3 |

Fresh Orange Juice

Small 5.5 Regular 6.5

More Fresh Juices

Small 5.5 Regular 6.5

- Grapefruit
- Orange You Glad - orange & pineapple
- Strawberry Fields - strawberry, apple & orange
- Cranberry Crush - cranberry, apple & orange
- Zingapore Sling - pineapple & ginger
- Immuni "C" - orange & wheat grass
- Rooty Fruity - carrot & apple
- Beta Carrot-ene - carrot & orange
- Heart Beet - beet, wheat grass & carrot
- Vegamary - tomato, celery, carrot, parsley, red pepper. Garnish with celery salt, black pepper, & pepperoncini

Whole Lemonade 6.75

Fresh juiced lemon and apples

- Strawberry or Raspberry lemonade 7.5
- Go Green Lemonade, Kale, Spinach, apples, lemon, ginger 7.50

Fresh Fruit Smoothies

6.75

- Carmen Mi-Juice-Da - Strawberries, banana and a splash of orange juice
- CopaBanana - Mango, pineapple, banana, pina colada and protein powder
- Fiberry - raspberries, strawberries, blueberries, banana, apple juice & wheat germ
- OP - Orange juice and peaches

Natural Shakes

6.95

- made with high protein powder, and your choice of fat free frozen yogurt or ice cream
- Power Plus - Carob powder, banana, nuts and coconut
- Surfer - pineapple, banana and coconut
- Finish Line - homemade granola, strawberries and banana
- Body Slam - peanut butter and carob powder

Organic Milk

3.5

Skim or Whole

Soy Milk

3.5

Almond Milk

3.5

Hot Tea and Coffee

3.95

GOOD EARTH® Tea
Original • Decaf

GOOD EARTH® iced teas

- Original
- Ceylon Lumbini Estate (Black)
- Green Tea with Mango
- Red Berries

GOOD EARTH® Organic coffee
• Original • Decaffeinated • Iced

Bottled mineral water

3

San Pellegrino All Natural Sodas
Orange, Lemon Mint, or Pomegranate

4

Boylan All Natural Soda
• Ginger Ale, Rootbeer

4

Lake State Kombucha
• Ginger, Orange Mango or Blueberry Hibiscus

4.5

Name _____

Phone number _____

Please indicate your menu selections from the corresponding numbers on the reverse side, including the quantity of each order.

<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity
<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity
<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity	<input type="checkbox"/> _____ quantity

please list beverages and quantities below

Special instructions

