



Mornings

Breakfast Basket

An assortment of our morning favorites including freshly baked muffins, scones and lemon pound cake.

Serves 8-10: \$26.95

Continental Breakfast

A Breakfast Basket, fresh fruit plate, and your choice of our organic coffee or Good Earth Tea served in an insulated "Beverage to Go" box.

Serves 8-10: \$92.95



Coffee & Tea Service

Our coffee is made with shade grown organic beans and has a medium to full-bodied flavor.

"Shade" coffee farms are more ecologically conservative and support a greater bio-diversity. The Good Earth Tea is made from herbs and spices and is a signature beverage of ours. Both coffee and tea are provided in a take-home box.

Serves up to 15 cups: \$26.95 ea.



* Beverages stay hot for at least 3 hours.

Desserts

Famous Good Earth Carrot Cake

9" round *Serves 8-12* \$36.00

Assorted Sweet Basket

An assortment of cookies and bars

Serves 8-10: \$26.95

Mini Cookie Basket

An assortment of 24 cookies: \$26.95

A bag of 9 cookies: \$9.95

INQUIRE WITH A MANAGER FOR SPECIALTY CAKES

72 hour notice required on all specialty cakes

TAKE-OUT EVENT PLATTERS



ORDERING INFORMATION

Convenient pick-up at both locations

24 hour notice on all party platters.

48 hour notice on sweet baskets and breakfasts.

EDINA

In the Galleria

952-925-1001

952-925-0166

gei@parasole.com

ROSEVILLE

1901 West Hwy 36

651-636-0956

651-636-4335

geii@parasole.com

Take-Out menu items and prices subject to change

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Salads & Starters

Starter Platter

Everything you'll need to start a luncheon or dinner party. Tabouleh and home made hummus served with toasted flat bread triangles. Served with freshly sliced tomatoes, cucumbers and Kalamata olives.
Serves 8-10: **\$58.95**

Cashew Chicken Salad

Served on greens with tomato, cucumbers, sprouts, avocado, egg, Kalamata olives, served with your choice of dressing and a bread basket.
Serves 4-6: **\$64.95** Serves 8-10: **\$91.95**

Romaine Garden Salad

Fresh romaine, tomatoes, cucumbers, pea pods, broccoli and cauliflower buds, julienne carrots, diced red peppers, sunflower sprouts and sprouted beans, served with your choice of dressing and a bread basket.
Serves 4-6: **\$59.95** Serves 8-10: **\$82.95**

Fresh Fruit Plate

A beautiful selection of melon, pineapple, grapes, kiwi and berries.
Serves 4-6: **\$64.95** Serves 8-10: **\$90.95**

Pasta Salad Sampler

(available in Edina only)

Your choice of three types of salads accompanied by a basket of multigrain rolls and crackers. Call to find out what selections are available.
Serves 4-6: **\$60.95** Serves 8-10: **\$86.95**

Sandwiches, Wraps & Flat Breads

Bag Lunch

Choose from cashew chicken salad, almond tuna salad, smoked turkey or vegetarian sandwich served with whole fruit, chips and a sweet.
Half sandwich: **\$10.50** Whole Sandwich: **\$12.50**

Mini Sandwich Tray

Our same wonderful sandwiches in a smaller version. An assortment of cashew chicken, smoked turkey breast, and vegetarian sandwiches. Served with a variety of breads.
Serves 8-10: **\$96.95**

The Wrap Tray

A sampling of our famous wraps...
Thai chicken with peanut sauce, vegetable wrap, and a Mediterranean wrap with tabouleh, served with fresh fruit and chips.
Serves 8-10: **\$84.95**
Substitute all Chicken wraps: **\$93.95**

The Sandwich Builder

All you need to create your own sandwiches ...
Cashew chicken salad, smoked turkey, nitrate-free ham and two types of cheese served with a basket of assorted bread, chips and condiments.
Serves 8-10: **\$103.95**

Flat Bread Sampler

A variety of unique flat breads including our Thai chicken with peanut sauce, basil pesto, Greek chicken and tomato mozzarella.
Serves 4-6: **\$54.95** Serves 8-10: **\$91.95**

Thai Chicken Satay

Skewers of Thai marinated chicken breast grilled and served with brown rice and Napa Slaw.
Served with condiments and bread basket.
Serves 4-6: **\$61.95** Serves 8-10: **\$103.95**

Entree Platters

Teriyaki Chicken

Free range chicken breast marinated in our own teriyaki sauce and char-grilled. Served with gingered yams, seasonal vegetables and a bread basket.
Serves 4-6: **\$77.95** Serves 8-10: **\$113.95**

Coconut Curried Chicken

Chicken breast, bok choy, sweet red and green peppers, red onion and fresh basil, wok seared with coconut milk and Indian curry. Served with brown rice and mango chutney, and a bread basket.
Serves 4-6: **\$61.95** Serves 8-10: **\$103.95**

Grilled Chicken Quesadillas

Flour tortillas filled with grilled chicken breast, jack and cheddar cheeses. Accompanied with shredded lettuce, chilies, sour cream, salsa and quacamole.
Serves 4-6: **\$54.95** Serves 8-10: **\$92.95**

Turkey Meatloaf

Ground turkey, spinach, basil pesto and bread crumbs, grilled and served with red pepper sauce, served with gingered yams, cranberry chutney and fresh vegetable and bread basket.
Serves 4-6: **\$76.95** Serves 8-10: **\$113.95**
Additional bread basket (multigrain rolls and crackers).
Serves 8-10: **\$15.25**

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